

Point Danger Pool Rescue Championships

Saturday 19 May 2018

Palm Beach Currumbin Pool

ENTRY INFORMATION

Please note that this carnival is a ONE day carnival

Entries Open Thursday, 22 March 2018

Entries Close Tuesday 08 May 2018

Additional Entries Wednesday 09 May 2018 – 16 May 2018 at MIDDAY

Any additions or changes will be accepted within the above timeframe without incurring a late entry fee).

Late Entries These will take effect from Wednesday 16 May 2018 at 12:01pm

ENTRY FEES

Entry Fee \$16.50 per person (unlimited events + pool entry)

Late Entry Fee \$44.00 per person + \$16.50

All invoices will be included in the monthly PDB Invoice to clubs

LATE ENTRY FEES & PROCEDURES

On Carnival Day : If a competitor is already entered in other events on the program and wishes to enter into another event on the day, he/she will be required to pay only \$16.50 per event and no extra late fees will be charged. This entry will still need to be submitted by the times listed below.

Late Entry cut off times: 9.30am (for first 4 events)
10.00am (Carnival Entries Close)

CONDITIONS OF ENTRY

- All competitors wishing to compete at the PDB Pool Rescue Championships must be proficient in the following awards
 - Bronze Medallion (U17, U19 and Open Competitors)
 - SRC (Under 14 and 15 competitors)
 - Age Award/Competition Evaluation – (All Nipper competitors)
- This carnival will be conducted in accordance with the 35th Edition of the Surf Sports Manual including Bulletins/Amendments and the the ILS Competition Manual 2011. A copy of these manuals can be found at www.slsa.asn.au and www.ilsf.org respectively.
- All competitors must be current financial members of their Surf Life Saving Club and have completed the necessary membership application.
- Competing Clubs shall provide officials as listed below.

- Team Changes can only be made a minimum of 2 events before event in mention. Once this race has begun the Marshall's will not accept team changes.
- Clubs may appeal a dismissed protest to the Appeals Committee. A fee of \$110.00 per individual/team must be lodged. If the appeal is upheld the fee will be returned. If the appeal is dismissed the fee is retained by Point Danger Branch.
- Please be aware that all competitors in the tow events will need a handler. If a handler is not in position when the starter is ready, the competitor may be disqualified.

AGE DETERMINATION AND RESTRICTIONS

Members must be aged 10 years or older as at 30 September 2016 and be currently proficient in their relevant age award in order to be eligible to compete in the Pool Rescue Championships.

- A competitor's age group is determined by their age as at midnight on 30th September 2016.
- For example, a member who is aged 13 years on the 30 September 2016 is eligible to compete in the U14 age group.
- A member who is aged 14 years on 30 September 2016 is not eligible to compete in the U14 age category (and must compete in the U15 age category).
- Members may compete in age groups individual and team events as detailed below:
 - U11s may compete in U11 individual events only.
 - U12s may compete in U12 individual and U12/U13 team events only.
 - U13s may compete in U13 individual and U12/U13 team events only.
 - U14s may compete in U14 individual and U14/U15 team events only.
 - **Note 1:** No U13 or U14 age member is permitted to compete in U/15 age individual events.
 - **Note 2:** No U13 age member is permitted to compete in U/14/U15 age team events.
 - Where there are specific age group events for both male and female teams, there are to be **NO** mixed gender teams to be entered or allowed to compete.

CANCELLATION POLICY

The following cancellation policy will apply

- If a carnival is cancelled, with no postponement before the first event is conducted, 75% of all entry fees will be refunded to Clubs (25% retained for administration costs)
- If a carnival is cancelled, after the first event is conducted, NO refund will be given
- If a carnival is postponed and rescheduled to another date, a 75% refund will be issued to competing clubs that cannot compete as the rescheduled event.

OFFICIALS

DUE : 23 APRIL 2018 @ MIDDAY

ONLINE OFFICIALS NOMINATIONS –

Officials Nominations must be done via the SLSQ Point Danger Branch website

<http://www.slsqpointdanger.com.au/officials-nomination-club>

NOTE : DO NOT e-mail names or forms – this must all be done online

All clubs are required to provide officials for this carnival. **The ratio is 1:8** for all clubs. Clubs that do not supply enough officials will be excluded from competing.

All Officials will be notified on their appointments. **In addition, all clubs competing at the 2017 Pt Danger Branch Pool Rescue Championships need to provide at least 2 timekeepers. The timekeepers do not need to be accredited officials.** The more timekeepers you can provide the less time they will have to be on the pool deck however clubs will need to be responsible for any rotation in personnel ensuring each new time keeper reports to the Chief Timekeeper prior to taking up their position. **Timekeepers should be available from 30 minutes prior to the commencement of competition.**

MEDALS

In any effort to keep the entry fees for this carnival low we ask that if clubs would like medals for the top 3 placegetters in this event, you must contact Point Danger Branch with a list of results/events that you wish to have medals for. We will pack them and have then delivered to your club.

In the e-mail you must include the list of events that you want medals for and the final tally of each medal.

Medals will be charged to the clubs at \$2.20 per medal

This is due in by 31st May 2018

EQUIPMENT REQUIREMENTS

Competition Equipment

PDB will supply the Rescue Tubes, Obstacles, Ropes, Bricks & Manikins for the use of competitors during competition. All competitors are required to supply their own fins.

All equipment must comply with the ILS specifications as specified in the ILS Sports Manual section 11.

Competition equipment will be subject to random scrutineering checks during the event.

PDB equipment will not be made available for training prior to or during the event due to losses incurred in the past.

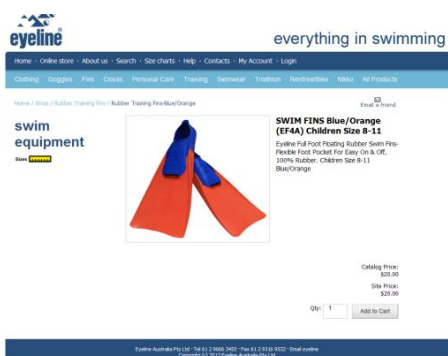
Event Equipment and Specifications

All competitors are required to supply their own swimwear, fins, and caps. The swimwear and caps must comply with the SLSA specifications as specified within the current edition SLSA Surf Sports Manual located (refer: <http://www.slsa.com.au/default.aspx?s=adminresources&id=383>).

The swim fins used by U14 to masters competitors must comply with the specifications as detailed in the Sections 2 and 4 of the current edition SLSA Surf Sports Manual (refer:

<http://www.slsa.com.au/default.aspx?s=adminresources&id=383>). These specifications are identical with ILS specifications (refer: <http://ilsf.org/en/node/2020>).

The swim fins used by U11, U12 and U13 competitors are restricted to rubber type fins in the style depicted below:



These fins will be available though SLSA's Shop from June 2012 (refer: <http://www.sls.com.au/shop>), or at general sport stores or swim shops.

For scrutineering purposes the maximum dimensions of the fins size shall be 50cm x 25cm.

Please note that fins that do not meet this general profile or are dedicated dive fins and those with stiff and/or elongated blades will not be permitted for use in U11, U12 and U13 competition.

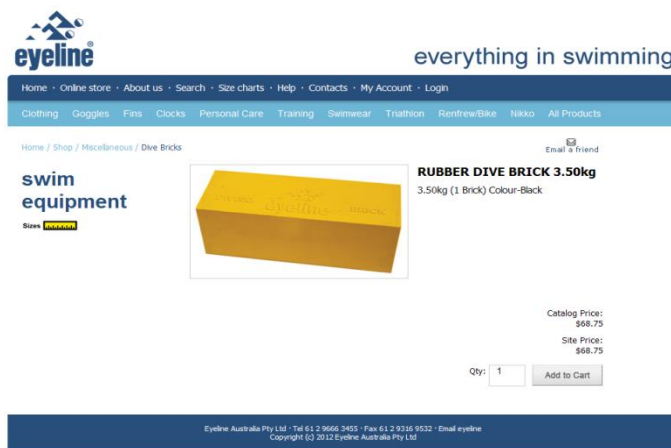
The obstacles, manikins, line throw ropes, rescue tubes etc. will comply with ILS specifications and shall be provided by SLSQ for the competition. The specifications for this equipment may be found in Section 10 of the ILS Competition Manual (refer: <http://ilsf.org/en/node/2020>.)

The rubber bricks to be used in the U11, U12 and U13 50m Brick Carry events have the following specifications:

Measurements: 230mm x 80mm x 80mm
Weight: 3.5kg

The bricks will be available through SLSA's Shop from June 2012 (refer: <http://www.sls.com.au/shop>) or at some specialised sport stores or swim shops.

SLSQ Point Danger Branch shall supply the bricks to be used in competition.



CARNIVAL TIMES

SATURDAY 19 MAY 2018

Officials Briefing	9.00am
Warm Ups	9.00am
Set Up	9.00am
Team Managers Meeting	9:45am
Marshalling	10.15am
Carnival Start Time	10.30am

TEAM MANAGERS

- DRESS** It is compulsory for all Team Managers (in their official roles) to wear clearly identified apparel or name badges that highlight their club and their role as Team Manager. Anyone not displaying the required ID may be asked to leave the competition area
- DECLARATION** Are now done on line via www.slsqpointdanger.com.au . Please go to Surf Sports and then Team Managers declarations
MUST be completed by all Clubs. No clubs will be eligible to start the carnival without a completed Team Manager's Declaration.
All Clubs need to be aware that Team Managers must have a current Working With Children Check 'Blue Card'.

GENERAL

SUN CARE	PDB will be supplying adequate shade tents at all marshalling areas for competitors throughout the duration of the competition. It is highly recommended that all athletes ensure they carry with adequate apparel to assist with the reduction of sunburn, along with recommended use of sunscreen, prior to reporting for marshalling.
HYDRATION	Water Containers will be available under the marshalling tents for officials, team Manager's and athletes. There will be no supply of cups (due to the ongoing issue of litter)/ These containers are in place for members to use and fill their own water bottles when necessary.
DRUG USE	PDB supports the Australian Government, the Australian Sports Commission, the Australian Olympic Committee and ASADA in their efforts to eradicate the use of drugs in sport. Please refer to the SLSA Anti Doping Policy (5.2) which condemns the use of performance enhancing drugs and doping practices in sport.
MISCONDUCT	Misconduct during the carnival will not be tolerated. Offending member's risk disciplinary action against themselves and their clubs. A carnival disciplinary committee has been appointed with powers to "cite" or take whatever action is necessary as a result of misconduct and will be readily available to convene as required.

PROTESTS

All protests shall be lodged with the appropriate carnival official in accordance with the procedures set down in the current edition of the SLSA Surf Sports Manual and shall identify the specific sections/clauses upon which the protest is based

Protest Forms are available through the Competitor Liaison Officer or Carnival Administration

A fee of \$110.00 per appeal will be charged to lodge an appeal with the Appeals Committee. The fee is only accepted as CASH. Should the appeal be successful, the fee will be refunded.

GENERAL EVENT CONDITIONS

Team management, coaches and competitors are responsible for being familiar with the competition schedule, and with the rules and procedures governing events.

Except where indicated in this document competition and events shall be conducted as per the current SLSA Surf Sports Manual, the current edition ILS Competition Manual and any specific or amending competition Bulletins and Circulars.

Please also note that event rules may be subject to change at the discretion of SLSA or the Competition Committee/Event Referee. Any changes these will be communicated at the earliest opportunity.

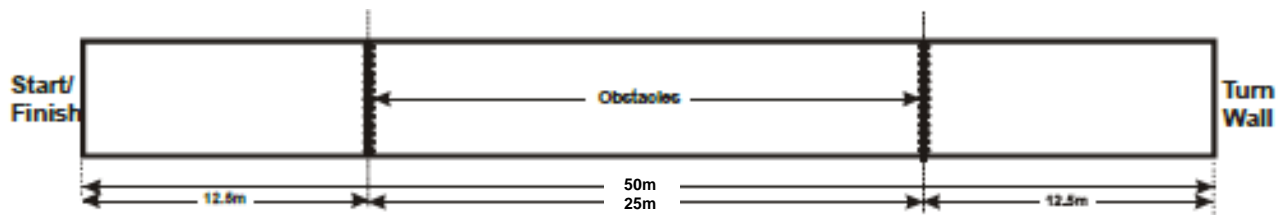
Pool Rescue Event Description and Rules

1) 100m Obstacle Swim

Age Group: U11, U12, U13

Composition: Individual

Gender: Male and Female



The event rules are as per the 100m Obstacle Swim event contained in Section 4.7 of the ILS Competition Manual (refer: <http://ilsf.org/en/node/2020>) shall apply with the following amendments:

- The one false start break rule shall apply (refer to the “Starts” Section of this Circular).

3) 50m Brick Carry

Age Group: U11, U12, U13

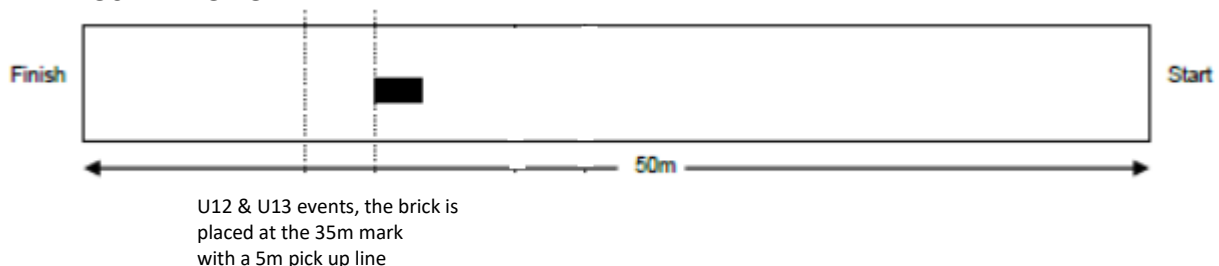
Composition: Individual

Gender: Male and Female

Description of the Event

- With a dive start on an acoustic signal, the competitor swims 35m in freestyle and then dives to recover a submerged rubber brick to the surface within 5m of the pick-up line.
- The competitor then carries the rubber brick to touch the finish edge of the pool.
- Competitors may push off the bottom when surfacing with the rubber brick.

50m BRICK CARRY



Equipment

- Rubber Brick.
Measurements: 230mm x 80mm x 80mm
Weight: 3.5kg

Competitors must use the rubber bricks as supplied by the organisers.

Positioning the Brick

- The rubber brick is located at a depth between 1.0m and 3.00m. In water deeper than 3m, the brick shall be placed on a platform (or other suitable support) to position it at the required depth.
- The rubber brick is positioned on the 25m line (from the start end)

Surfacing the Brick

- i. Competitors may push off the pool bottom when surfacing with the brick.
- ii. Competitors must have the brick in the correct carrying position (see next heading) before the brick passes the relevant 5 m line.
- iii. A rubber brick is not 'living', The rubber brick may only be carried and cannot be pushed

Carrying the Brick

A rubber brick is not classified as a "living object" and therefore it may be carried above or below the surface of the water as follows:

- The brick must be carried not pushed. Pushing means the brick is held forward of the competitors head.
- The brick must be carried with one or two hands.

Disqualification

In addition to the General Conditions for disqualification contained in the current SLSA Surf Sports Manual, the current edition ILS Competition Manual and any specific or amending competition Bulletins and Circulars the following behaviour shall also result in disqualification:

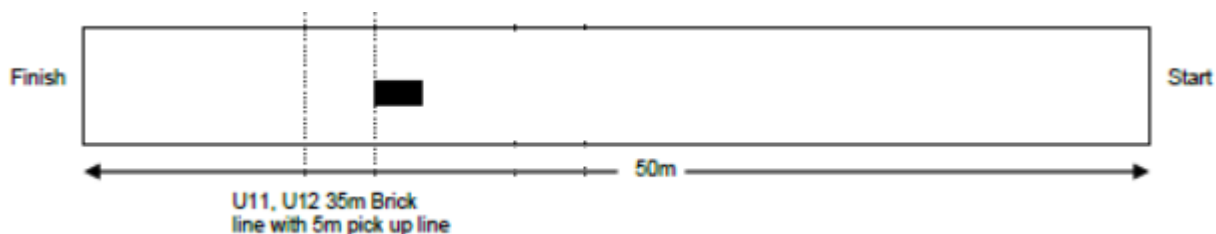
- i. A second false start as described in this circular (refer to the "Starts" Section of this Circular).
- ii. Not surfacing before diving to the brick.
- iii. Taking assistance from any pool fitting (e.g., lane ropes, steps) when surfacing with the rubber brick – not including the bottom of the pool.
- iv. Not having surfaced with the rubber brick before the competitor's head passes the 5m line.
- v. Pushing the brick (above the head of the athlete)
- vi. Not carrying the brick in one or both hands.
- vii. Releasing the rubber brick before touching the finish edge.
- viii. Failure to touch the finish edge.

4) 50m Manikin Carry

Age Group: U14

Composition: Individual

Gender: Male and Female



The event rules are as per the Manikin Carry event contained in Section 4.8 of the ILS Competition Manual (refer <http://ilsf.org/en/node/2020>) shall apply with the following amendments:

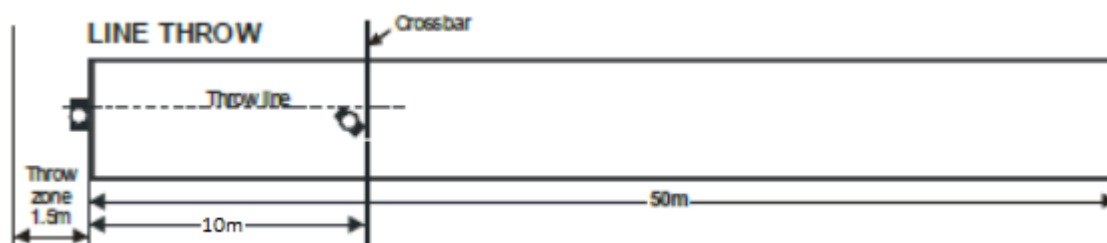
- The manikin is placed at the 35metre mark.
- The one false start break rule shall apply (refer to the "Starts" Section of this Circular).

5) Line Throw (State Champs Only)

Age Group: U11, U12, U13, U14

Composition: One patient; one rescuer

Gender: Male and Female



The event rules are as per the Line Throw event contained in Section 4.13 of the ILS Competition Manual (refer <http://ilsf.org/en/node/2020>) shall apply with the following amendments:

- The rigid cross bar for the patient is placed at the 10metre mark.
- The one false start break rule shall apply (refer to the “Starts” Section of this Circular).

6) 100m Patient Tow with Fins

Age Group: U11, U12, U13,

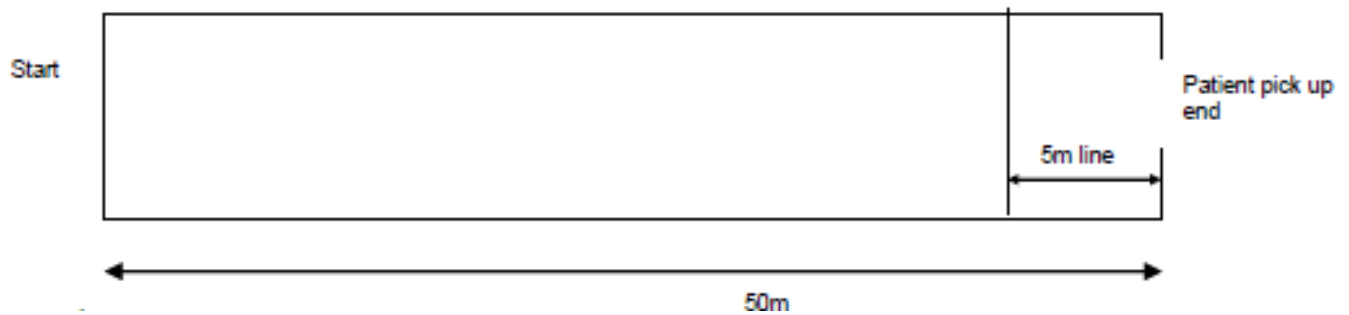
Composition: One patient; one rescuer

Gender: Male and Female

Description of the Event

- With a dive entry on an acoustic signal, the rescuer swims 50m freestyle with fins and rescue tube, where their patient is waiting with at least one hand on the turn wall.
- As soon as the rescuer has touched the turning edge of the pool, the patient can let go of the wall and the “clip in” of the patient into the rescue tube can commence.
- The rescuer and/or the patient secures the rescue tube around the patient’s body under both arms and clipped to an O-ring.
- This clip in must be made within the 5 m pick up zone (judged by the top of the patient’s head).
- The rescuer and patient may then are permitted to push off the wall.
- The patient is permitted to assist by kicking and sculling under the surface of the water and kicking, but they must not swim with an out-of-water recovery. The patient must be towed on their back and the patient cannot be towed in any other way than clipped into the rescue tube.
- The finish is determined on the rescuer touching the wall with one hand.

100m PATIENT TOW WITH FINS



Equipment

- SLSA approved **Rescue Tube**.
- **Rubber type fins** as specified in this document.

Please Note:

- **Starts with Rescue Tubes:** The rescue tube and rescue tube line may be positioned at the Rescuer's discretion, but within the team's allotted lane. Competitors should ensure a safe and correct position of the rescue tube and line with particular care to ensure that neither can become entangled with the starting blocks or any other pool fittings.
- **Wearing Rescue Tubes:** Rescue Tubes must be donned correctly with the loop across or over one shoulder. Assuming the rescue tube was donned correctly, there is no cause for disqualification if the loop falls down in the Rescuer's shoulder or elbow during the rescuers' approach or tow.
- **Towing the Victim:** Rescuers must tow the patient in the tube towards the finish edge of the pool.
- **Retrieving lost fins:** Competitors may retrieve fins lost after the start and the team may continue in the race. The team will not be permitted to start again.
- **Rescue tube defects:** If in the referee's opinion, the rescue tube, line or lanyard presents a technical defect during a race, the referee may allow the team to repeat the race.

Disqualification

In addition to the General Conditions for disqualification contained in the current SLSA Surf Sports Manual, the current edition ILS Competition Manual and any specific or amending competition Bulletins and Circulars the following behaviour shall also result in disqualification:

- i. A second false start as described in this circular (refer to the "Starts" Section of this Circular).
- ii. The patient letting go of the turning edge before the rescuer has touched the wall.
- iii. Taking assistance from any pool fitting (e.g., lane rope, steps) when securing the rescue tube around the patient (except where the minimum pool depth allows the athlete to stand).
- iv. The rescue tube not being secured around the patient (judged at the top of the patient's head) before passing the 5m line.
- v. The patient becoming detached from the rescue tube (other than a technical defect with the tube – see tube defect clause) after passing the 5m line and prior to the rescuer touching the finishing edge.
- vi. The patient not being towed on their back and clipped into the rescue tube.
- vii. The patient's arms breaking the water to assist the tow with an out-of-water arm recovery.
- viii. The Patient touching the finishing edge before the rescuer.
- ix. The Rescuer not touching the finish edge.

Please note that rules for this event have changed to align with SLSA's rules for the National Pool Rescue Championships.

EVENTS

Number	Age Group	Gender	Event
1	U11	Female	100m Obstacles
2	U11	Male	100m Obstacles
3	U12	Female	100m Obstacles
4	U12	Male	100m Obstacles
5	U13	Female	100m Obstacles
6	U13	Male	100m Obstacles
7	U14	Female	200m Obstacles
8	U14	Male	200m Obstacles
9	U15	Female	200m Obstacles
10	U15	Male	200m Obstacles
11	U17	Female	200m Obstacles
12	U17	Male	200m Obstacles
13	U19	Female	200m Obstacles
14	U19	Male	200m Obstacles
15	Open	Female	200m Obstacles
16	Open	Male	200m Obstacles
17	U11	Female	50m Brick Carry
18	U11	Male	50m Brick Carry
19	U12	Female	50m Brick Carry
20	U12	Male	50m Brick Carry
21	U13	Female	50m Brick Carry
22	U13	Male	50m Brick Carry
23	U14	Female	50m Manikin Carry
24	U14	Male	50m Manikin Carry
25	U15	Female	50m Manikin Carry
26	U15	Male	50m Manikin Carry
27	U17	Female	50m Manikin Carry
28	U17	Male	50m Manikin Carry
29	U19	Female	50m Manikin Carry
30	U19	Male	50m Manikin Carry
31	Open	Female	50m Manikin Carry
32	Open	Male	50m Manikin Carry
33	U11	Female	100m Patient Tow with Fins
34	U11	Male	100m Patient Tow with Fins
35	U12/U13	Female	100m Patient Tow with Fins
36	U12/U13	Male	100m Patient Tow with Fins
37	U14	Female	100m Manikin Tow with Fins
38	U14	Male	100m Manikin Tow with Fins
39	U15	Female	100m Manikin Tow with Fins
40	U15	Male	100m Manikin Tow with Fins
41	U17	Female	100m Manikin Tow with Fins
42	U17	Male	100m Manikin Tow with Fins
43	U19	Female	100m Manikin Tow with Fins

44	U19	Male	100m Manikin Tow with Fins
45	Open	Female	100m Manikin Tow with Fins
46	Open	Male	100m Manikin Tow with Fins
47	U15	Female	100m Manikin Carry with Fins
48	U15	Male	100m Manikin Carry with Fins
49	U17	Female	100m Manikin Carry with Fins
50	U17	Male	100m Manikin Carry with Fins
51	U19	Female	100m Manikin Carry with Fins
52	U19	Male	100m Manikin Carry with Fins
53	Open	Female	100m Manikin Carry with Fins
54	Open	Male	100m Manikin Carry with Fins
55	U12/U13	Female	4X50m Medley Relay
56	U12/U13	Male	4X50m Medley Relay
57	U14/U15	Female	4X50m Medley Relay
58	U14/U15	Male	4X50m Medley Relay
59	U17/U19	Female	4 X 50m Medley Relay
60	U17/U19	Male	4 X 50m Medley Relay
61	Open	Female	4 X 50m Medley Relay
62	Open	Male	4 X 50m Medley Relay